

# Alaska Down Syndrome Network

## Board Meeting

October 27, 2022

Called to order at 6:32pm by Adam Holzer and Tristan Gorski

Present: Tristan Gorski, Adam Holzer, LeeAnn Bain, Mary Middleton, Martie Bolan, Kim Wilcox, Donna Davidson, Matt Fraize, Sam Thompson, Lisa Thomas, and Adina Kamilos

**Minutes:** Donna requested July meeting minutes be changed under "Education Committee" from "Stone Soup group webinars" to reflect the official name of "Transition Series webinars." Lisa will correct July's meeting minutes. Motion to approve as corrected was made by Lisa and seconded by Tristan. Motioned passed unanimously.

**Financials:** Adina presented financials for months of July, August, and September.

**Walk/Christmas Party Committee:** Adina gave a report on the success of the 2022 Alaska Walk for Down Syndrome as well as the raffle. The 2022 walk raised the most money of any walk the organization has held to date.

Adina's internet cutout, meeting moved on the Social Volunteer Committee.

**Social/Volunteer Committee:** Rock climbing: approx. 7 families attended and were satisfied. Plan for two maybe three rock climbing events a year due to success rate. remember to budget for these events. Remember to check/ coordinate with special Olympics calendar. Speculated about sending a thank-you note to rock gym as staff was both plentiful and accommodating.

Still need to plan for bowling and swimming events. Eagle River bowling does not schedule out very far in advance but likely plan for after holidays for next event. Swimming to include geographic options i.e. Anchorage and Eagle River. Chugiak pool still does not do Saturday open swim --> also plan for after holidays for next swimming event.

Suggestions for valley events including Extreme Fun Center, Sledding. Could also do Arctic Valley inner tubing for future winter event.

**Social Media Committee:** Adam plans to keep social media as one of his responsibilities. Goals include, seamless integration between our website and Facebook, have board meeting minutes available on the website within 7 days of the meeting.

Adam and Adina were able to finish the process of getting verified non-profit status on Facebook and our page now has a fundraiser button.

**Publication Committee:** Adam will email Jenny Weaver about the location of the computer the group purchased for the purpose of newsletter creation.

Adam discovered that Constant Contact offers a newsletter option that may work well for us. He is going to explore that option further. Adina will send him log in information so he can access the group's Constant Contact account.

Martie volunteered to try creating a newsletter.

**Walk/Christmas Party Committee:** Circled back to Adina's update due to technical difficulties.

Christmas party will be held Sunday, December 4, 2022 at Kincaid Chalet in Anchorage. Party will start at 4 PM and run until 7 PM. Dinner will be provided, guests asked to bring their favorite holiday treats and desserts. Activities will include dancing, crafts, sledding. Santa will be in attendance. Adina will contact All for Kids to see about volunteers to help. Volunteers needed for set up at 3 PM and clean up after the party.

**Fundraising Committee:** The raffle that was help in conjunction with the walk was very successful. We should plan to hold it again next year.

Revive Salon has been holding a "Round up for Down Syndrome" event for the entire month of October. So far \$550 has been raised.

Lisa inquired about the status of shirt sales on Bonfire. Adina will send the Bonfire link out to the board.

Kim, Matt & Adam are going to explore a fundraiser for World Down Syndrome Day on March 21, 2023.

**Membership/Outreach Committee:** Donna did not have any new membership activity to report.

**Education Committee:** Tristan went over the success of last winter's webinars.

Reminder that the group is currently partnered with Stone Soup Group to put on the Transition Series of lectures. The next will be held on Jan. 31, 2023.

Education Committee is in current need of a chairperson.

**Board Restructuring, Outgoing/Incoming Board Members:** Mary Middleton, LeeAnn Bain, Martie Bolan, and Sara Montgomery will come onto the board pending a vote of the membership to be held via email ballot in November. They will email Adam a brief introductory biography that can be included with the ballot email. Adam will be stepping into the role as president also pending the membership vote in November.

Adam would like to see members serve in the areas they are most passionate about. Adina is happy to stay on as treasurer as well as walk and Christmas party committee chair. Lisa would like to step down as VP and take on the role of secretary. Sam is leaving the board, Matt plans to stay on as social committee co-chair, Mary is interested in the education and membership committees, Kim is content as social co-chair but also has an interest in the membership committee. Karlan is leaving the board. Adam plans to focus on marketing and website development in addition to his role as president. Martie would like to take on the newsletter. LeeAnn is interested in joining the social committee. Tristan is interested in the membership committee.

**Annual Meeting:** Per our bylaws the annual meeting is to be held in October of each year unless a change is voted on by the board. Adina made motion to deem the Christmas party the membership meeting for 2022 and send an electronic ballot to members the second week of November to vote on new board members. Adam seconded the motion and it passed unanimously.

**Next Meeting:** The next board meeting will be a longer, more in-depth planning meeting for 2023 and will be held on a to be determined date in January 2023.

Meeting was adjourned at 8:08 PM